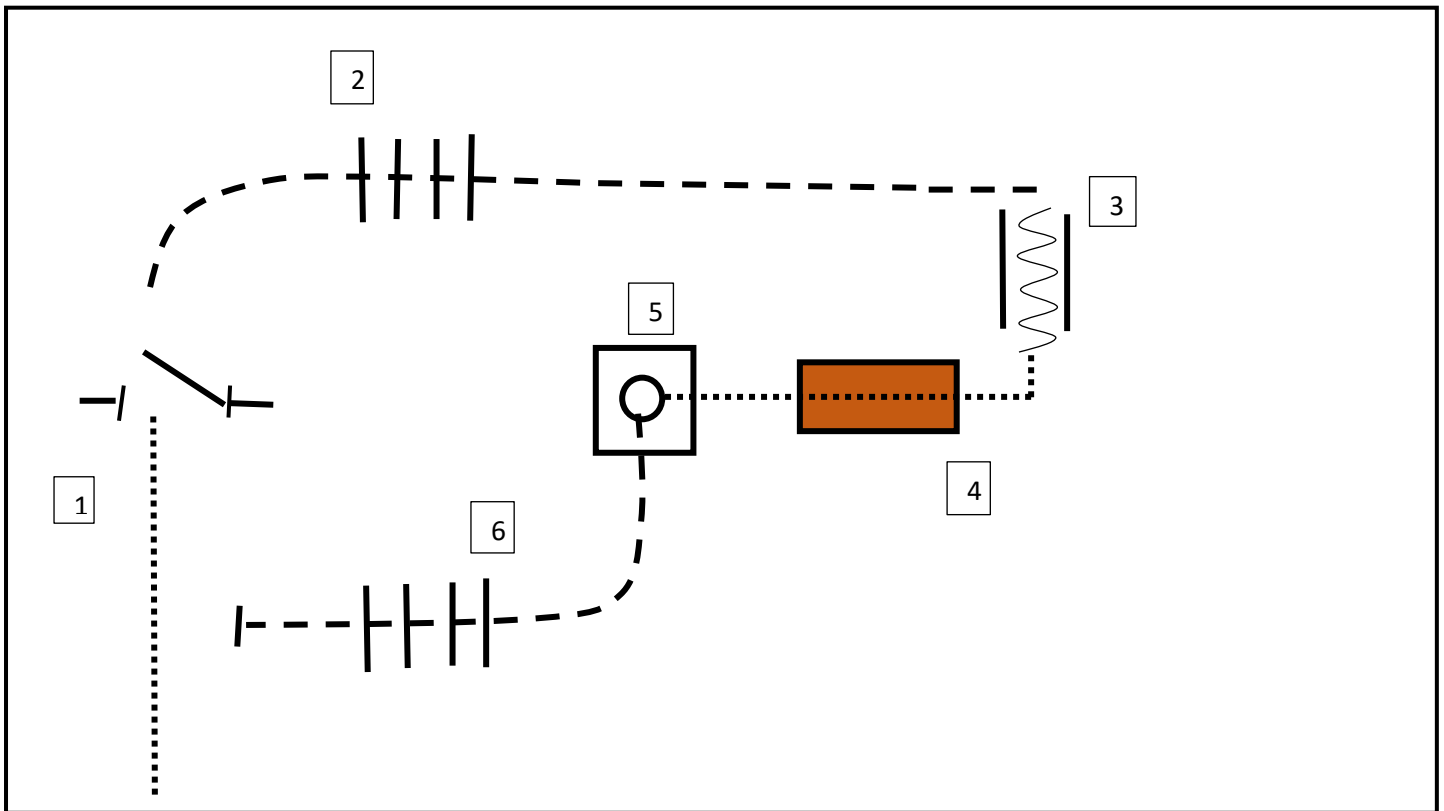


Trail E & Trail at hand



1. Grind valfri hand.
2. Jog kavalletti.
3. Rygga mellan bommar.
4. Skritt bro.
5. Skritt in i box. Vänd 270 grader höger
6. Jog kavalletti.